

INTERACTIVE TRAINING

Building a Trauma-Informed and Resilient-Focused Community

TRANSFORMATIVE
SOLUTIONS
NETWORK



Training Description

Trauma is an invasive force working under the surface of many individuals we engage with on a daily basis. Whether it be childhood abuse, the death of a loved one or a devastating community event, trauma affects us all. We believe the local church body has the ability to lead the way in building a trauma-informed and resilient-focused community.

Participants will gain knowledge on recognizing the brain and body's response to trauma and practical methods of engaging with individuals impacted. This interactive training includes time for discussion and application. Participants will walk away empowered and encouraged to help those around them and themselves.

This training is designed for anyone interested in understanding trauma and resilience.

Format

One 4.5 hour training, 4 Modules

About Transformative Solutions Network (TSN)

TSN provides Church, Ministry and Community Leadership Support. We also have a longstanding relationship with the County of Berks, providing Chaplaincy at Berks County Jail, Berks Heim Nursing & Rehabilitation, and Berks County Youth Shelter. In all areas of ministry we work to move in excellence, bringing glory to God while reflecting the light of Jesus.

Learn more at www.transformativesolutionsnetwork.org

This training will cover the following topics:

Module 1

Trauma Basics, Brain Development and Stress Response

Module 2

Building Resilience, Positive Childhood Experiences and Protective Factors

Module 3

Understanding ACEs & the Prevalence of Trauma

Module 4

Key Elements of Being Trauma-Informed & How Faith Plays a Role in Healing

**Presentation content gathered and created by TSN Training Team in relationship with Becky Haas an internationally know trauma-informed trainer and Ina Gould MS, MEd, LPC, CCTP, Certified Trauma Professional*

Participants will receive:

- Full-color printed slides with space for notes
- Certificate of Participation
- Follow up email with resource list and video links

Contact us for pricing and to schedule

☎ 484-926-5804

✉ contact@tsnpa.org